

the SOS MONTHLY



IMPORTANT DATES

Exec Applications Due
March 4

Presidential Elections
March 6

Survival of the Fitness
Registration Deadline
March 7

Bake Sale
March 14

Survival of the Fitness
March 17



A Fantastic February

Despite it being the shortest month, February brought lots of activity to the SOS team! Whether it be by continuing our volunteer shifts or planning Locks for Love, the team was constantly working together to make more sick children smile!

On February 14, SOS celebrated Valentine's Day with a very successful bakesale in BSB. Thank you to all of you that attended in support of the Ronald McDonald House and Angel Hair for Kids!

Just a couple of days ago, on February 27, 18 brave participants chopped their hair Olaf for Locks for Love. While the snow was blowing wildly around campus, it fit our Frozen theme perfectly! We would like to say a huge thank you to Eliegante Hair studio for giving each of our participants gorgeous new hairdos. Stay tuned to hear more about how much we raised for Angel Hair for Kids!



Locks for Love participant, Anika, shows off her new 'do!

Locks for Love 2019





Humans of SOS



Name :

Shamir Malik

Position:

Ronald McDonald House Volunteer

Quote :

“Being a Smiling over Sickness member has been an incredibly awarding experience for me and has really allowed to engage with members of both the McMaster and Hamilton community. My favorite part has definitely been how rewarding the whole experience has been! In the Ronald McDonald House, I can interact with other volunteers and families through toy cleaning and at the same time, I can help out with other initiatives as a Smiling over Sickness member. Overall, joining Smiling over Sickness has helped make my first year at McMaster infinitely better!”

Upcoming Events

Survival of the Fitness

On March 16, Smiling Over Sickness' YFIT4U subcommittee will be hosting their annual dodgeball tournament. In teams of 6-8, participants will fight it out to become dodgeball champions! There will also be prizes awarded to the MVP and most spirited team! Proceeds from this event will go towards the McMaster Children's Hospital. If you are interested in signing up, please sign up on bit.ly/survivalofthefitness by March 7 @ 11:59PM



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