

# the SOS MONTHLY



## SEPTEMBER UPDATE

Welcome to a new season of Smiling Over Sickness! Our executive team has been working hard over the summer preparing for this upcoming year. After extensive discussion with our members, we have decided to focus on two new goals for this year:

- 1) to extend SOS' outreach by working with other organizations at McMaster and in the Hamilton Area
- 2) to more actively engage students in our events through social media

With these goals in mind, we hope to propel SOS to even greater heights this year in order to better support pediatric patients and their families.

During the summer, our executive members diligently prepared applications, contacted partners, and began planning our major fundraisers. We are excited to bring you more collaborations this year following our successful partnership with Style at Mac at our Locks of Love fundraiser this past February. With our first executive meeting of the fall happening in the next few days, we hope to get all these new and exciting projects underway.

Interested in making SOS a part of your undergraduate experience? We have numerous ways you can get involved in our club. Each year, we have student volunteers from all faculties working with community partners at the Ronald McDonald House, YMCA, and McMaster Children's Hospital. Make sure you check out our website to learn more about the ways to get involved.



### IMPORTANT DATES



#### SEPTEMBER 10

General Meeting @  
6PM in IAHS 146

#### SEPTEMBER 14

Subcommittee  
Applications due @  
11:59PM



## OUR SUBCOMMITTEES

### RONALD MCDONALD HOUSE (RMH)

- Maintain RMH facilities & provide recreational activities for patients and families
- Shifts and meetings every other week
- Run monthly events at RMH (ex. Spa Day, Cartoon Saturdays)

### MCMASTER CHILDREN'S HOSPITAL ARTS AND CRAFTS

- Provide arts & crafts sessions for children at McMaster Children's Hospital
- Shifts and meetings every other week
- Group leader positions available

### Y FIT 4 U PHYSIOTHERAPY PROGRAM

- Provide physiotherapy support at YMCA Les Chater for children living with developmental disabilities
- Shifts every week or every other week
- Meetings every month

### SMILE SQUAD

- Junior executive team
- Weekly meetings
- Run various community engagement initiatives in Hamilton, such as Pumpkin Hike & Teddy Bear Adventure
- Help senior execs run major fundraising events

### DANCE MARATHON COMMITTEE

- Help organize & run McMaster Dance Marathon
- Meetings every other week
- Choice of entertainment, recruitment and promotions subcommittees

## HUMANS OF SOS



### NAME:

Hannah Byles

### POSITION:

President

### QUOTE:

"I am looking forward to the implementation of [our executives'] ideas, especially in our large scale events, such as Dance Marathon. I am also excited for new initiatives put forward by members of SOS [and] new, collaborative relationships with other clubs at McMaster. Most of all, I am extremely excited to begin working with the passionate SOS executive team and the new members of each SOS subcommittee."



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